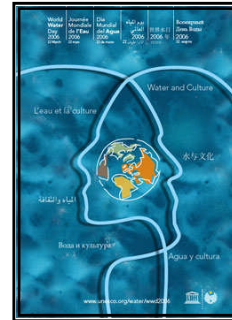


March 22: World Water Day (WWD)

Is water a part of your daily living?

Every year on the 22 of March, people are asked to observe the World Day for Water as declared in 1993. This is a day devoted to celebrating the importance of water in our daily lives and in the life of our planet by being involved in activities related to the conservation and development of water resources around the world.

Something to Think About: Today, every time you use water in some manner, add a "+1" to a mental count you will keep for today. Take a drink from a water bottle, add +1; eat potatoes washed in water, add +1; drink a latte, add +1; flush the toilet, add +1. At the end of the day, what is your "water total"? I can guarantee you will be surprised at how much your life depends on water. If you want, email MEDRIX your "water total" and we'll compile an informal survey and let you know the result.



2006 Theme: Water and Culture

We plan cities near water, we bathe in water, we play in water, we work with water. Our economies are built on the strength of water transportation and the products we buy and sell are all partly water in one way or another. Our daily lives are built on water and shaped by it.

Without the water surrounding us, the humidity of the air, the roughness of the river's current, the flow from the kitchen tap and our lives would be impossible.

In recent decades, water has fallen in our esteem. No longer an element to be revered and protected. It has become a consumer product we have shamefully neglected. 80% of our bodies are formed of water and 2/3rds of the planet's surface is covered by water.

Water is our culture, it is our life.

- UNESCO

<http://www.unesco.org/water/wwd2006/index.shtml>



[Click here to find more Details about World Water Day 2006.](#)

Water use in Vietnam

Here in the United States, we use and drink safe water daily without thinking about it, when there are people all over the world who have to make a fire and boil water before it is safe to drink or use. In Nam Dong, a small village in the mountains of Vietnam, 1 liter of boiled water a day is used for a family of 5.

Let us take this day to give thanks for our constant supply of safe water and let us also recognize the need for safe water in other countries such as Vietnam.

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at office@medrix.org or call 1-866-463-3749

You can also visit us at www.medrix.org